

Menus for January



2024 Delta Program

Lunch - \$3.00 Breakfast - Free!

Entree - \$2.25 Side - \$.85/\$1.25 Milk - \$.70

Free Breakfast

available in the school cafeteria at the start of the day

Choose 1 Entree

Bagels Breads Cinnamon Rolls Coffee Cake Muffins
Whole Grain Poptarts Assorted Cereal Protein Boxes

Choose 1 Fruit & 1 Juice

Apples Bananas Craisins 100% Juice

Choose 1 Milk

Low Fat White or Fat Free Chocolate

You may decline items that you do not want but must take 3 items total, one of which must be a fruit or juice.



Grab & Go

Available Daily without Order



Smuckers PB&J Sandwich



Yogurt Parfait Hummus & Pita Chips

Featured Entrees (and Sides)

- Mon, 1/1 - Happy New Year! No School Today.
Tue, 1/2 - General Tso's Chicken/Tofu & Rice (Broccoli)
Wed, 1/3 - Italian Dunkers (Roasted Vegetables)
Thu, 1/4 - Walking Taco/Black Bean Dip & Chips (Steamed Corn)
Fri, 1/5 - Chicken Parmesan & Penne (Caesar Side Salad)

Mon, 1/8 - Popcorn Chicken & Biscuit (Peas & Carrots)
Tue, 1/9 - Big Daddy's Pizza (Roasted Vegetables)
Wed, 1/10 - French Toast & Sausage/Yogurt (Hashbrowns)
Thu, 1/11 - Macaroni & Cheese w/ Pulled Pork (Baked Beans)
Fri, 1/12 - Roast Beef & Provolone Sandwich (Sweet Potato Fries)

Mon, 1/15 - MLK Day - No School
Tue, 1/16 - No School Today
Wed, 1/17 - Spicy Pepperjack Ciabatta (French Fries)
Thu, 1/18 - Chef's Choice Soup & Bread (Baked Potato)
Fri, 1/19 - Blackened Chicken Alfredo (Roasted Broccoli)

Mon, 1/22 - Warm Cheese Pretzel (Sweet Potato Fries)
Tue, 1/23 - Chicken Fillet Sandwich (Baked Potato)
Wed, 1/24 - Cheeseburger (French Fries)
Thu, 1/25 - Buffalo Chicken Dip/Black Bean Dip & Chips
Fri, 1/26 - Chicken & Waffles (Oven Browned Potatoes)

Mon, 1/29 - All Beef Hot Dog (Baked Beans)
Tue, 1/30 - Big Daddy's Pizza (Roasted Vegetables)
Wed, 1/31 - Chicken Cheese Steak (French Fries)
Thu, 2/1 - Broccoli Soup/Vegan Chili (Baked Potato)
Fri, 2/2 - Creamy Chicken Fiesta Pasta & Breadstick

Choose an entree. Complete your meal with 2 vegetables sides, a serving of fruit, and milk. Students in grades 9-12 may also choose to take 1 juice with their meal.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

Fruit & Veggie Side Dishes

Crunchy Carrots & Assorted Fresh Veggies (Daily)

Hummus (Monday) Tossed Salad (Tues-Fri)

French Fries/Sweet Potato Fries/Hashbrowns (as menued)

Baked Potatoes & Roasted Vegetables (as menued)

Whole Fruits Canned & Frozen Fruit 100% Juice

Daily Alternate Choices

Place orders for alternate entrees by 9:30 a.m. at
<https://www.scasd.org/ordermeals>

Monday

Impossible Burger
Caesar Salad & Breadstick



Tuesday

Southwest Veggie Quesadilla
Chef Salad & Breadstick



Wednesday

Chana Masala & Rice
Caesar Salad & Breadstick



Thursday

Warm Cheese Pretzel
Chef Salad & Breadstick



Friday

Vegan Chili & Corn Bread
Southwest Salad & Corn Bread

Payments can be made online at www.myschoolbucks.com or mailed to SCASD FSD, 653 Westerly Pkwy, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.